

Breakfast Meals - Served All Day

All our sandwiches are made with a vegan spread on a choice of Brown, White or Gluten-Free Bread.

Bacon Sandwich - £5.65

Freshly cooked locally produced unsmoked bacon.

Fried Egg Sandwich - £5.25

2 freshly cooked fried eggs.

Bacon & Egg Sandwich - £5.65

Freshly cooked, locally produced, unsmoked bacon and a freshly cooked fried egg.

Mini Breakfast - £8.95

Served with a choice of plain omelette, scrambled egg or 2 fried eggs with beans, 2 slices of bacon (vegetarian bacon available), half a tomato & 2 slices of Brown, White or Gluten-Free toast. (Add an extra portion for £1)

Light Lunches

Filled Omelette - £8.95

Filling choices - Cheese or Ham or Bacon

Served with a salad.

Ploughman's - £9.95

Grated Cheddar Cheese, Local Ham, Pickled Onion, Apple Cider Chutney, Salad and a choice of Brown, White or Gluten-Free Bread.

Salad Bowl - £6.95

Iceberg Lettuce, Peppers, Cucumber & Onion. Served with a choice of Tuna Mayo, Egg Mayo or Grated Cheddar Cheese.

Jacket Potatoes - Cooked to order

Beans - £7.95

Cheese - £7.95

Tuna Mayo - £8.95

Cheese & Bacon - £8.95

All served with salad.

Add additional fillings to any of the Light Lunches for an extra £1

Menu Please order at the counter

Sandwiches - Toasted for £1

Egg Mayo - £7.45

Grated Cheddar & Chutney or Red Onion or Tomato - £7.95

Local Ham & Tomato - £8.95

Local Ham & Cheddar Cheese - £9.45

Tuna Mayo & Cucumber or Onion - £8.45

Tuna Mayo & Cheddar Cheese - £9.45

All served on a choice of Brown, White or Glute-Free bread with a salad garnish and sea salt crisps.

Wraps - Toasted for £1

Egg Mayo & Lettuce - £7.75

Grated Cheddar, Onion & Lettuce - £7.95

Local Ham, Tomato & Lettuce - £9.45

Local Ham & Cheddar Cheese - £9.45

Tuna Mayo, Cucumber & Lettuce - £9.45

Tuna Mayo & Cheddar Cheese - £9.45

Halloumi, Sun-dried Tomatoes & Pesto - £9.95

Served with a salad garnish and sea salt crisps.

Add additional fillings to any of the Sandwiches, Wraps or Paninis for an extra £1

Toasted Paninis

Cheddar Cheese & Tomato - £8.25

Bacon & Cheddar Cheese - £8.45

Local Ham & Cheese - £9.45

Tuna Mayo & Cheese - £9.45

Halloumi, Sun-dried Tomatoes & Pesto - £9.95

Served in a white panini with a salad garnish and sea salt crisps.

Food Allergies and Intolerances

Please let a member of staff know if you have an allergy to any of the ingredients used on this menu. If you are unsure of ingredients please ask.

Mini Meals

Meal Deal - £6.50

A half sandwich on Brown, White, or Gluten-Free bread with a choice of filling - Ham, Cheese, Tuna Mayo, Egg Mayo or Jam with crisps on the side and a carton of juice (Orange, Apple or Blackcurrant Ribena).

Toast with Topping - £6.75

A choice of Cheddar Cheese or Beans or Egg served on 2 slices of Brown, White, or Gluten-Free bread.

Soup & Bread - £7.95

Tomato & Red Pepper OR Carrot & Coriander (GF)

White, Brown or Gluten-Free Bread.

Soup & Sandwich - £8.95

Tomato & Red Pepper or Carrot & Coriander (GF) Soup, served with a choice of:

Bacon or Egg Mayo or Grated Cheddar Cheese or Tuna Mayo or Ham Sandwich.

On a choice of Brown, White, Gluten-Free Bread or a White Wrap.

Add additional fillings to any of the Mini Meals for an extra £1

Ask at the till for Red Sauce, Brown Sauce, BBQ Sauce, Salad Cream, Mayonnaise, Mustard or Malt Vinegar

Check the tables for Specials!





The Castle, The Wharf, Bude, Cornwall EX23 8LG
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www.thecastlebude.co.uk

Drinks Regular Large

Hot Drinks

Americano	2.00	3.00
Latte	2.50	3.50
Cappuccino	2.50	3.50
Flat White	3.50	
Mocha	2.95	3.95
Espresso	2.15	3.15
Chai Latte		3.15
Hot Chocolate		3.50
Cream & Marshmallows		4.50
Children's Hot Chocolate		1.95
Cream & Marshmallows		2.95
Baby-chino		1.50

Add a Syrup: Vanilla, Hazelnut, Caramel	1.00
Oat Milk	0.75

Tea	2.00
Speciality Tea	2.25
Extra Coffee Shot £1	Extra Tea Bag 0.75

Cold Drinks

Iced Latte	3.75
Iced Americano	3.25
Cans : Coke, Diet Coke, Orange Tango, Ginger Beer	2.50
Frobishers: Apple & Elderflower,	2.75
Raspberry & Rhubarb,	2.75
Sicilian Lemonade	2.75
Cartons: Ribena, Orange, Apple	1.50

Bottles

Orange Juice	3.25
Apple Juice	3.25
Still Water	1.50
Sparkling Water	1.50
Milkshake with Cream	3.75
Strawberry, Chocolate, Vanilla, Banana	

Please see the counter for our selection of
Delicious Cakes & Biscuits

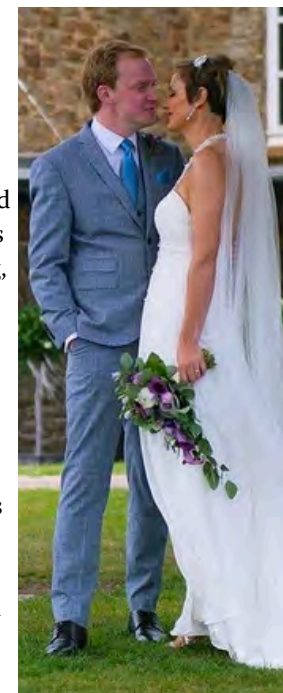


Say 'I do' with a Wonderful View

A distinctive venue with unrivalled views, our Grade II listed Castle is the place for your dream wedding, civil ceremony or renewal of vows.

The Castle boasts stunning grounds with a choice of two beautiful galleries and a conservatory with stunning views over the beach.

Contact us to book a viewing and to discuss your options and our availability.



Contact Katie, our Wedding Coordinator on 01288 357302
or email: ktaylor@bude-stratton.gov.uk